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Title 22@ Social Security

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Division 5@ Licensing and Certification of Health Facilities, Home Health Agencies, Clinics, and Referral Agencies

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Chapter 11@ Chemical Dependency Recovery Hospital Licensing Regulations

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Article 3@ Basic Services

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Section 79219@ Individual Recovery Plan

## **79219 Individual Recovery Plan**

### **(a)**

The individual recovery plan shall: (1) Be developed in writing by the interdisciplinary treatment team and where possible in collaboration with the patient as soon as possible, but in no event longer than seven (7) days after admission. Therapeutic efforts may begin prior to completion of the plan. (2) Be reviewed and updated as often as indicated, but no less often than every seven (7) days. (3) Include goals that identify a continuum of recovery and observable, measurable objectives for each episode of hospitalization towards achieving those goals. (4) Be consistent with patients' rights. (5) Document the success or failure in achieving stated objectives. Evaluate the factors contributing to the patients progress or lack of progress towards recovery and state the interdisciplinary team decision for follow-up action. (6) Assure that the responsibility for the recovery plan shall be assigned to a member of the interdisciplinary treatment team. (7) Include referrals for needed services not provided directly by the hospital.

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Be consistent with patients' rights.

**(5)**

Document the success or failure in achieving stated objectives. Evaluate the factors contributing to the patients progress or lack of progress towards recovery and state the interdisciplinary team decision for follow-up action.

**(6)**

Assure that the responsibility for the recovery plan shall be assigned to a member of the interdisciplinary treatment team.

**(7)**

Include referrals for needed services not provided directly by the hospital.

**(b)**

The individual recovery plan shall be in writing and be approved by the medical director, or in the absence of the medical director, the alternate physician.

**(c)**

The individual recovery plan shall be based on a comprehensive assessment of the patient's physical, mental and social needs. The recovery plan shall include goals for aftercare and a plan for post discharge follow-up. At the time of discharge, the patient will receive a copy of the aftercare plan.

**(d)**

A specific plan for the involvement of the family or significant others shall be included in the recovery plan when indicated by the interdisciplinary treatment

team and approved by the medical director, or in the absence of the medical director, the alternate physician.

**(e)**

The staff shall observe and note any changes in physical, mental, emotional or social functioning of patients which indicate unmet needs and/or which might require a change in the existing level of service or need for specialized services, or possible discharge or transfer to another type of facility. The recovery plan shall be modified in response to the observed changes.